



SCHOOL MEALS

Good food for growing minds

Healthy • balanced • appealing

A lot goes into every lunch

Our catering team plans meals for 700+ children - balancing strict national food standards with varied, tasty choices children will enjoy.



What the School Food Standards mean

School lunches include:

- Fruit & vegetables** one or more portions every day
- Starchy foods** such as bread, rice or pasta every day
- Milk or dairy** a portion every day
- Protein variety** meat/poultry 3+ days weekly; oily fish once every 3 weeks

PLUS foods high in fat, salt and sugar - and low-quality reformed foods - are tightly restricted.



A rotating menu

Our menu runs on a three-week rota. Rotation helps us provide variety, meet nutritional requirements across the cycle and keep lunches interesting.

Special-event changes are shared via Arbor.

See what's for lunch

Visit the DPS website and choose:

Quick Links

→ **Weekly Lunch Menu**



SCAN ME

Thank you for supporting healthy choices at school.

Together we play, learn and succeed

Based on Department for Education School Food Standards guidance.

Menu: dorridge.solihull.sch.uk | Standards: gov.uk/school-meals-food-standards

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